

Sisters and Stitches

Sewing and Baking around the world

Ice Cream Rug

A scoop of Happiness

Designed by  Sisters and Stitches



www.sistersandstitches.com

A scoop of Happiness

Ice Cream Rug

Designed by  Sisters and Stitches

Material and Supplies

All cutting measurements include a ¼" seam allowance.
For appliqué blocks, measurements include extra length for trimming.

FINISHED RUG SIZE: 11 ½" X 8"

What you need:

- * Fabric scraps for patchwork and appliqué
- * Fabric for appliqué background and backing
- * Batting
- * Fusible web
- * Embroidery thread for appliqué

Other supplies:

- * Rotary cutter and Mat
- * Quilting Rulers
- * Sewing Maschine
- * Pins or clips
- * Scissors for cutting paper and fabric
- * Embroidery needle
- * Iron and ironing board

Cutting Checklist:



* Sixteen 2 ½" squares from assorted fabric prints for patchwork

* One 6" x 10 ½" fabric strip for appliqué background

* Assorted fabric prints for appliqué (cut slightly larger than trace lines! - see page 4)

* One 2 ½" x 50" fabric strip for binding

* One 12 ½" x 9 ½" fabric rectangle for backing

* One 12 ½" x 9 ½" batting rectangle

A scoop of Happiness

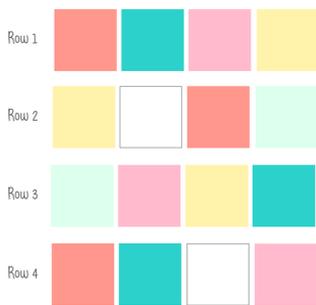
Ice Cream Rug

Designed by Sisters and Stitches

Instructions

Be sure to read all the instructions before you start your adventure!

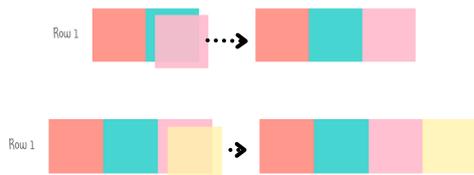
1. Lay out the 16 squares in 4 rows of 4 squares each.



2. Pair the first two squares in the row right sides (the “pretty” side of the fabric!) together, pin along the right side of the fabrics and sew the squares together with a 1/4” seam allowance from one end to the other end.

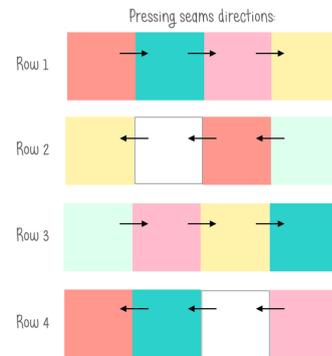


3. Open the up that pair and lay the third square on the top of the second square right sides together, repeating the instructions above until all 4 squares are sewn in a row.

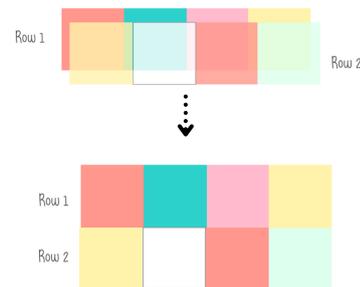


4. Repeat this to each row.

5. Press the seams in the first row to one side, alternating the direction for each row. This will help to “nest” the seams and the corners will meet.



6. Now place two rows facing each other (right sides together) and matching up seams. Pin along the raw edge and sew with a 1/4” seam allowance from one end to the other end.



7. Repeat the same instructions to attach the third and fourth rows.

8. Press the seams to any direction.

A scoop of Happiness

Ice Cream Rug

Designed by  Sisters and Stitches

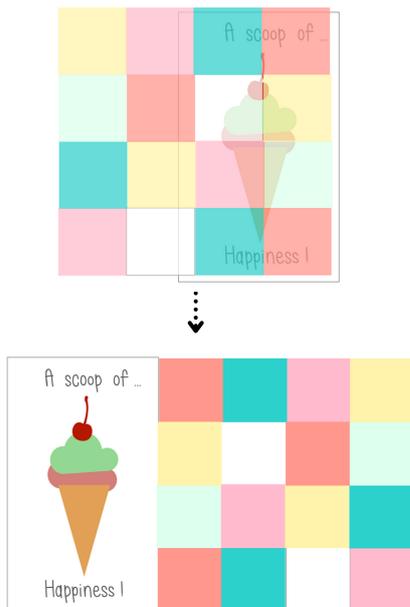
9. Trace each piece of the appliqué pattern (page 4) on Fusible web. Cut the pieces allowing a small margin outside the traced line and iron them to the wrong side of the respective fabric scrap.

10. Cut out the appliqué pieces on the traced line and iron them on the background fabric following the diagram (some pieces overlap!). Hand or machine appliqué. (We prefer to do this by hand!)

11. Trace the the cherry stem and the lettering (or draw your own handwriting) on the background fabric. Backstitch using 2-ply of embroidery floss.

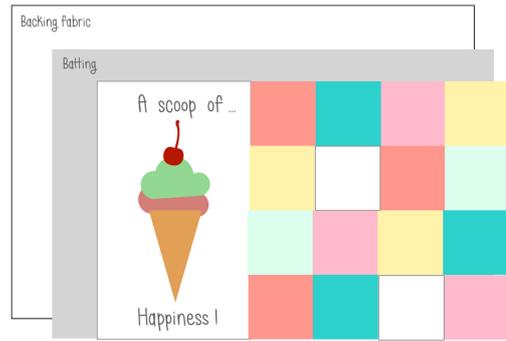
12. Trim the appliqué block to 3 1/2" x 8".

13. Place appliqué and patchwork blocks right sides together, pin along the right side of the blocks and sew them together with a 1/4" seam allowance from one end to the other end.



14. Cut the batting to the same size of the back fabric, which will be slightly bigger than the top.

15. Baste all three layers together: pieced top facing up, batting and backing facing down, using pins or clips.



16. Machine or hand quilt. A suggestion for quilting can be found on page 5.

17. Trim the excess batting and backing squaring the quilted rug to the finished size (11 1/2" x 8"). You can run a zig zag stitch all around the edges for easier binding. Make sure the stitches are shorter than 1/4".

18. Fold the binding strip in half lengthwise and press. (You will probably need to sew two 2 1/2" strips together to achieve the necessary length!)

19. Sew the binding strip using your preferred method. If you need a tutorial, you can refer to our tutorial page on www.sistersandstitches.com.

20. Fold the folded edge of the binding over to the back of the quilt, and pin it down. Hand or machine stitch to close the binding. (We prefer to do this by hand!)

You are done!!!

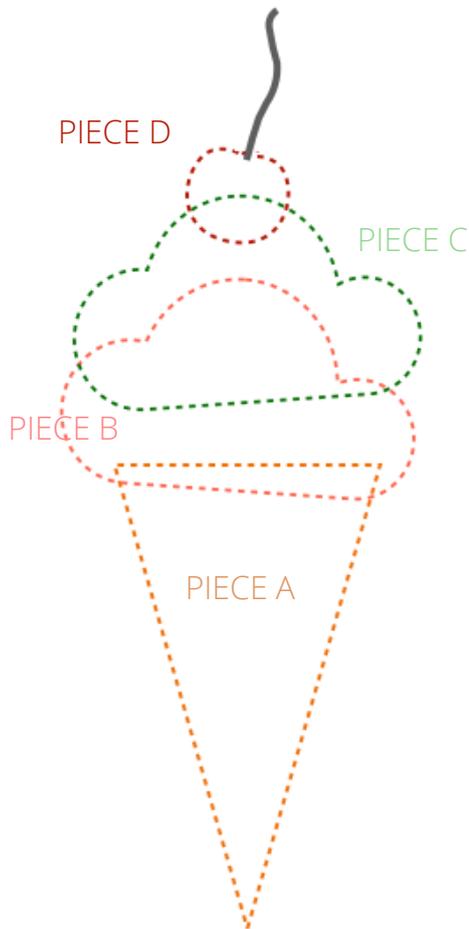
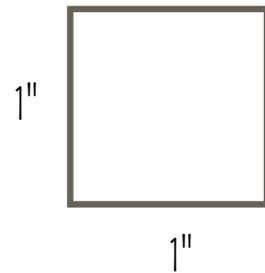
A scoop of Happiness

Ice Cream Rug

Designed by  Sisters and Stitches

Appliqué and Embroidery patterns

A scoop of ...



Color scheme

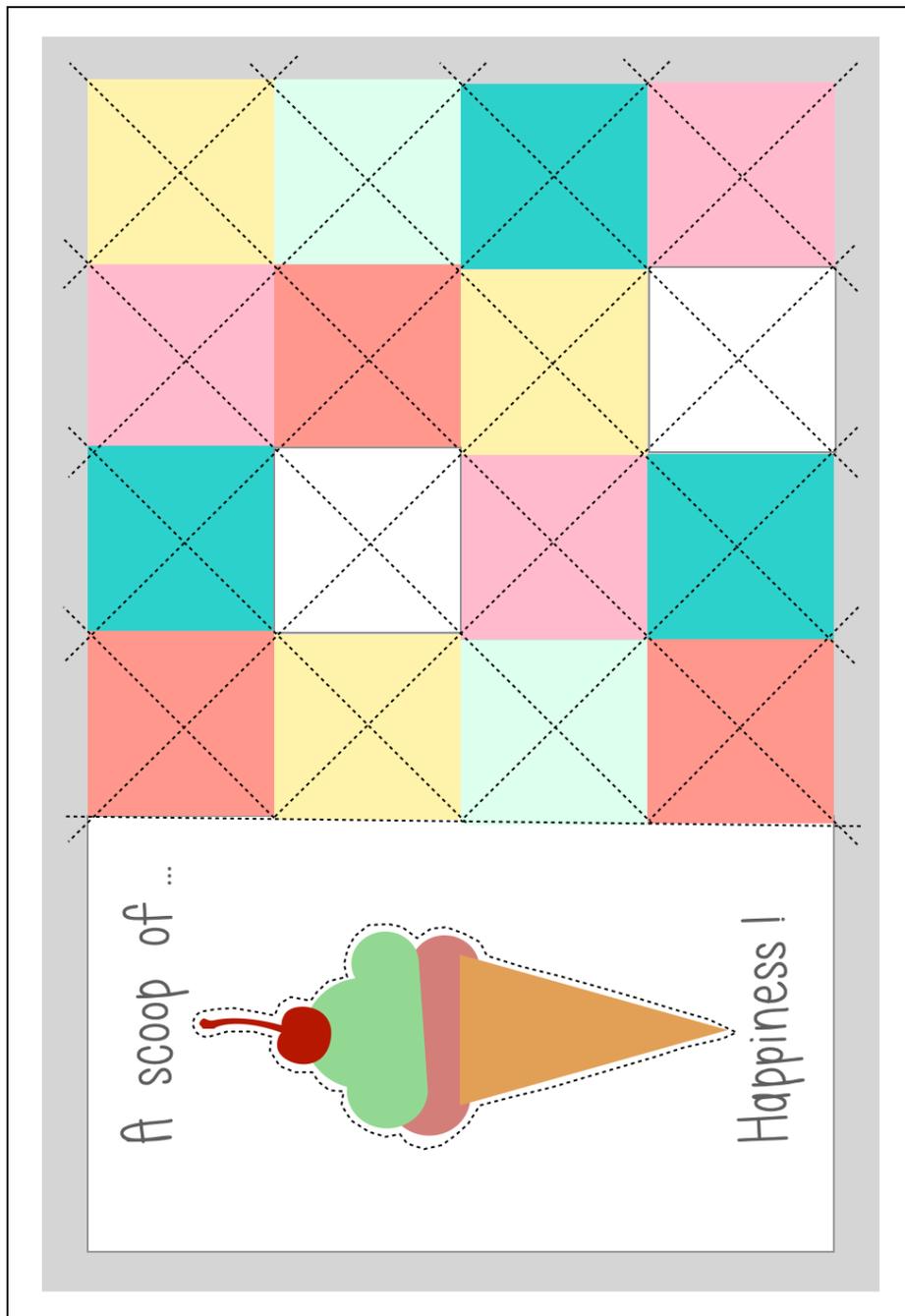
Happiness!

A scoop of Happiness

Ice Cream Rug

Designed by  Sisters and Stitches

Quilting diagram

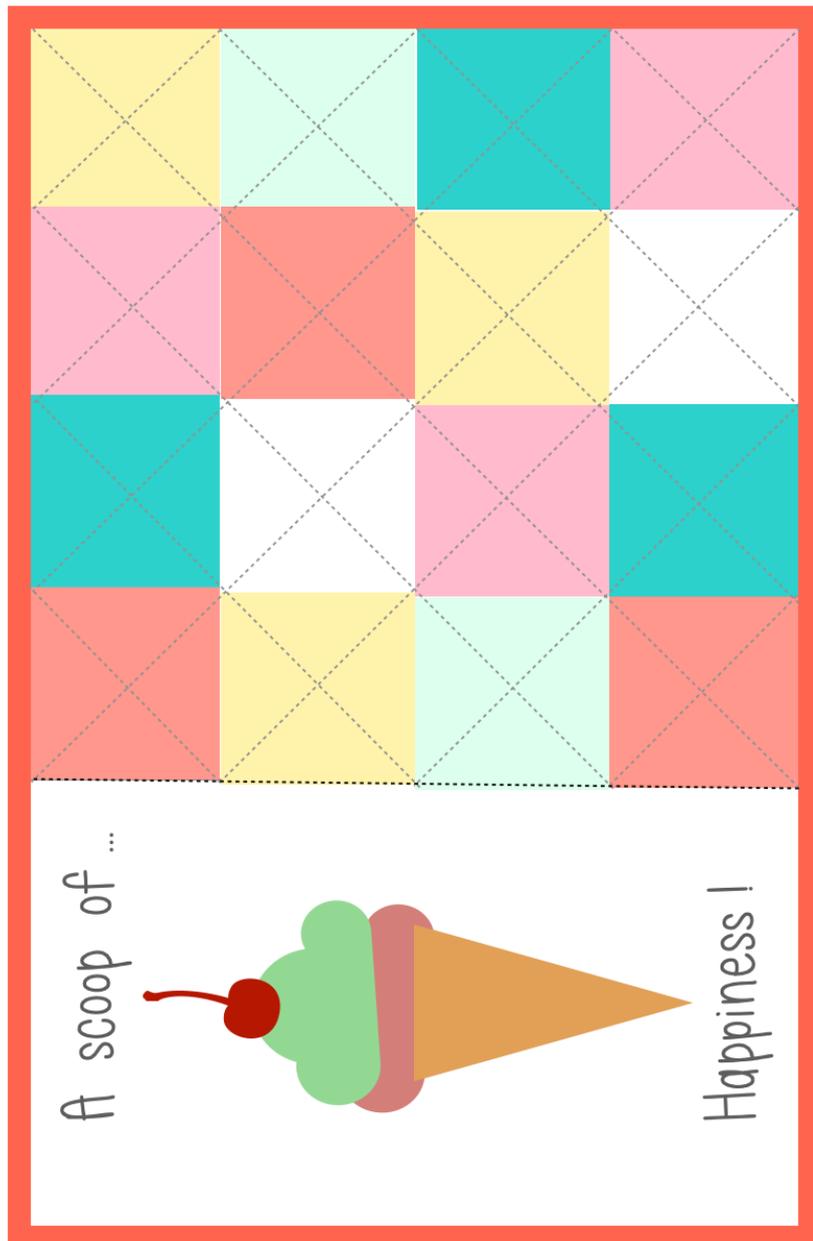


A scoop of Happiness

Ice Cream Rug

Designed by  Sisters and Stitches

Assembly pattern



Ice Cream Rug

A scoop of Happiness

Designed by  Sisters and Stitches



Website: www.sistersandstitches.com

E-mail: sistersandstitches@gmail.com

Instagram: [@sisters_and_stitches_1](https://www.instagram.com/sisters_and_stitches_1)

PDF Pattern

No part of this pattern may be reproduced or used for commercial purposes without prior written permission from Sisters and Stitches.

All rights reserved.

S&S 2021

